Supplementary Table S5. Medical validated questionnaire and relative items assessing physical exercise practicing in MASLD enrolled patients.

Questions/Items	Answer	
Are you doing or have you ever done (in the last 2 years) sport in a continuative and regular way?	YES	NO
Have you changed your daily physical activity in the last 6 months?	NO	YES
If yes, has it enhanced or worsened?	Enhanced	Worsened
How many hours per week do you usually spend for physical exercise?	More than 150 minutes/week	Less than 150 minutes/week

Each patient was considered on **active** physical exercise if he/she has done sports in the last 2 years, this practice has not worsened in the last 6 months by spending at least 150 minutes per week in physical activity.